

## ADDITIONAL RESOURCES

### Sources of Research & Guidance on Telehealth (From May 21 webinar)

- [The National Consortium of Telehealth Resource Centers](#): The 12 regional and 2 national Telehealth Resource Centers (TRCs) have been established to provide assistance, education, and information to organizations and individuals who are actively providing or interested in providing health care at a distance. Our simple charter from the Office for Advancement of Telehealth is to assist in expanding the availability of health care to rural and underserved populations in local communities. Because we are federally funded, the assistance we provide is generally free of charge.
- [The California Telehealth Resource Center \(CTRC\)](#) is a leading source of expertise and comprehensive knowledge in the development and operation of telemedicine and telehealth programs. CTRC is nationally recognized as one of fourteen federally designated Telehealth Resource Centers around the country. CTRC offers extensive hands-on experience in telemedicine development. CTRC understands the larger healthcare delivery system and works with policy makers, corporate, and industry leaders, and community based organizations to develop an environment that will support the optimal use of telemedicine and telehealth. Learn more by clicking the button below to visit our website.
- [50-State Survey of Telemental/Telebehavioral Health \(2017 Appendix\)](#)
- **From California DHCS, Medi-Cal & Telehealth webpages:**

***Even in normal times, telehealth increases access to care by:***

*More options for patients & providers to connect*

*Decrease time between referrals & visits*

*Improves access care they need when they need it*

*25% of Medi-Cal beneficiaries-difficulty finding specialists*

***Medi-Cal Managed Care***

*Covers most state Medi-Cal beneficiaries*

*MMC responsible for timely access to care*

*Utilization of telehealth to improve access?*

**[For questions about submitting a claim for services provided by telehealth, please call the Telephone Service Center \(TSC\) at 1-800-541-5555 \(outside of California, please call \(916\) 636-1980\).](#)**

***Providers may email questions about Medi-Cal telehealth policy to [Medi-Cal Telehealth@dhcs.ca.gov](mailto:Medi-Cal_Telehealth@dhcs.ca.gov).***

### **Sources of Information in the Presentation:**

Shore, J., Schneck, C. & Mishkind, M. (2020)P. Telepsychiatry and the Coronavirus Disease 2019 Pandemic—Current and future outcomes of the rapid virtualization of psychiatric care. JAMA Psychiatry. Published online May 11, 2020. doi:10.1001/jamapsychiatry.2020.1643

Torous, J. & Wykes, T. (2020) Opportunities from the Coronavirus Disease 2019 Pandemic for transforming psychiatric care with telehealth. JAMA Psychiatry. Published online May 11, 2020. doi:10.1001/jamapsychiatry.2020.1640

World Health Organization. (2016). From innovation to implementation: eHealth in the WHO European Region. Available online:  
[http://www.euro.who.int/\\_\\_data/assets/pdf\\_file/0012/302331/From-Innovation-toImplementation-eHealth-Report-EU.pdf](http://www.euro.who.int/__data/assets/pdf_file/0012/302331/From-Innovation-toImplementation-eHealth-Report-EU.pdf)

Jones. M., DeRuyter. F. & Morris, J. (2020) The digital health revolution and people with disabilities. Int. J. Environ. Res. Public Health 2020, 17(2), 381; <https://doi.org/10.3390/ijerph17020381>

Prentice, J. & Dobson, K. (2014). A review of the risks and benefits associated with mobile phone applications for psychological interventions. Can Psychol 2014;55(4):282-290.

Center for Connected Health Policy (2014). Fact sheet: Cost efficacy studies. National Telehealth Policy Resource Center, Center for Connected Health Policy. Available at: [https://www.cchpca.org/sites/default/files/2018-09/HRSA\\_Cost\\_Efficiency\\_Studies.pdf](https://www.cchpca.org/sites/default/files/2018-09/HRSA_Cost_Efficiency_Studies.pdf)

Smita, D. & San Bartolome, M. (2019) [Advancing the integration of digital therapeutics into addiction management strategies: Engaging multidisciplinary stakeholders for optimal application in practice](#). On-Demand Webcast, Psychiatry and Behavior Health Network.